

T'ai Chi Chih® Intensive

July 3 – 7, 2019

Led by Teacher Trainer, Daniel Pienciak

Mt. Calvary Retreat House
505 E. Los Olivos
Santa Barbara, CA 93105

Designed for teachers, teacher candidates and serious students

The focus of the Intensive will be on **How to Move** well for the greatest flow of Chi.

Flowing from the Center, Yinning & Yanging correctly, Moving with Softness

The heart of the Intensive will be refining & deepening your T'ai Chi Chih practice.

Teachers will also learn to develop a discerning eye for seeing what corrections students need, as well as knowing when they are ready for Teacher Accreditation...and when they are **not**.

Teacher Candidates will receive excellent preparation for the Teacher Accreditation course and leave knowing what they still need to work on before attending accreditation.

Serious Students (who have practiced regularly for at least a year) will immerse themselves in T'ai Chi Chih, gaining a greater Chi flow and stronger understanding of this beneficial practice.

Limited to 18 participants, so reserve your space now!

Intensive begins Wednesday, July 3rd at 6pm. **Plan to arrive Wednesday between 3:00-4:30pm to check in** and have dinner at 6:00 pm. There will be a get-acquainted activity in the evening. Thursday thru Saturday hours are 9am to 5:30pm with a lunch break and evening group activities. Sunday will be 9am to 12:30pm.

Tuition for this four-day course is still only **\$250**. (Room & board additional)
Arriving on the 3rd of July, you'll have the added bonus of a great view for holiday fireworks!

Lodging is on site at Mt. Calvary Retreat House in the foothills of Santa Barbara. This beautiful, peaceful setting is ideal for immersing yourself deeply in TCC for four days.

Room & board is \$480 per person in a Double room or \$530 in a Single room (room & board includes 4 nights lodging & 12 meals, Wed. dinner thru Sun. lunch)

Pre or Post event Lodging is not available at the Retreat House. Please check online for local hotel information.

Transportation to Santa Barbara is available from LAX Airport thru Santa Barbara Air Bus (800) 733-6354 or www.sbairbus.com online. Rides may be able to be arranged from the Air Bus stop, Santa Barbara Airport or Amtrak Station to the Retreat House upon request. Driving directions will be sent later.

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NAME _____

YOUR TEACHER'S NAME (for students) _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME PHONE _____ CELL PHONE _____

EMAIL (please print very clearly) _____

Circle one: Teacher Teacher Candidate Serious Student

Circle one: I will be Driving Flying Taking Amtrak to Santa Barbara

Check one: _____ \$780 Single room
 _____ \$730 Double room

If checking Double room:

Roommate's name: _____

_____ Match me with a roommate

Total cost includes Intensive tuition of **\$250** and room and board which is **\$480** per person for a Double room or **\$530** for a Single room. (room & board includes 4 nights lodging & 12 meals, Wed. dinner thru Sun. lunch)

Deposit of \$350 reserves your space. (\$50 not refundable)
Final balance is due by June 1st. No refunds after June 1, 2019.

Special needs: (meals, ground floor room, etc.) _____

Please note: They are unable to make accommodations for special diets. When meat is served there will also be a vegetarian dish. You will be able to bring anything you need to supplement.

Please fill out this registration form (keep a copy for yourself) and send it with your check payable to registrar:

Marie Dotts
652 23rd St. SW
Loveland, CO 80537

Amount Submitted: _____

For questions contact the Host: Marie Dotts at 970-412-9955 or mcdotts@hotmail.com