



# Registration Form

## Explore the Essence of T'ai Chi Chih

Name: (please print) \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

September 13<sup>th</sup> – 6:00 PM to 8:00 PM, September 14<sup>th</sup> 9:00 AM to 5:00 PM (lunch provided)  
September 15<sup>th</sup> 9:00 AM to 1:00 PM

Location is the Holy Cross Energy Community Room, Glenwood Springs CO

Payment Mode: \_\_\_\_\_ Check \_\_\_\_\_ Credit Card Card # \_\_\_\_\_  
Expiration Date: \_\_\_\_\_ CVV Code: \_\_\_\_\_  
Signature: \_\_\_\_\_

**Total Investment:** \$165.00 Registration & payment due by Friday, September 6, 2019  
\$150.00 Early-Bird Registration (only through August 15, 2019)

Registration fee includes workshop and lunch on Saturday for one participant.

Make checks payable to: **Insurance & Wellness in the Rockies, Inc.**  
PO Box 1047, Glenwood Springs CO 81602

Phone Credit Card Payment or Questions Call: Eliza Fulton at 970-945-8586

I understand this program does not diagnose or treat medical conditions. If I have a health concern I will consult my doctor prior to participating in this workshop. I hereby release all parties concerned with offering this workshop from any responsibility or liability for any injury or damage to myself, including those caused by a negligent act or omission in any way arising out of or connected with my participation in this T'ai Chi Chih® week-end workshop. (Please Initial \_\_\_\_\_)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*You must know the 19 moves and one pose of T'ai Chi Chih® to participate in this workshop.*  
This program is offered through Insurance & Wellness in the Rockies, Inc. and facilitated by  
Caroline Guilott, Accredited T'ai Chi Chih® Instructor.

Please note any food allergies, other restrictions or requests below:

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