

# T'ai Chi Chih Retreat

with Carmen Brocklehurst

September 26-29, 2019

*As we practice T'ai Chi Chih, we balance and circulate the chi, changes occur. Justin Stone wrote "Doing T'ai Chi Chih, there is a timeless moment as we flow effortlessly." Spend a few fall days by the banks of the Rio Grande River to uncover the joy. The Fall T'ai Chi Chih Retreat is an excellent opportunity to go deeper in your practice and to connect with the T'ai Chi Chih community. Carmen Brocklehurst, a T'ai Chi Chih teacher for over 30 years will lead this retreat. This retreat is for those who have already learned the T'ai Chi Chih movements.*

*The retreat will begin Thursday evening at 7:00 pm and will conclude on Sunday after lunch. The retreat will take place at the Madonna Retreat Center in Albuquerque, located at 4040 St. Joseph's Place NW. If you need additional information, feel free to contact Judy Hendricks, 505-573-0820, e-mail is [judyhendricks@me.com](mailto:judyhendricks@me.com). The cost of the retreat is \$370, for a single room with a communal bath or \$295 for a double room with a communal bath. This includes all meals and snacks.*

*Arrive Thursday at 7 pm, dinner is not included. Depart Sunday, after lunch. For transportation from the airport, please call a taxi . Rides to the airport on Sunday will be provided.*

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*Cut off and return. Registrations will be on a first come/first serve basis. Space is limited.*

**Full payment must be sent by September 5th.**

Name: \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_  
Phone H: \_\_\_\_\_ W: \_\_\_\_\_ Cell \_\_\_\_\_  
E-mail \_\_\_\_\_ Meal Preference: \_\_Vegetarian \_\_Regular

*Check payable to: Judy Hendricks. Please send to: Judy Hendricks, 10328 Rio Los Pinos Dr. NW, Albuquerque, NM 87114.*

*T'ai Chi Chih is a federally registered trademark*

