

A Day
"Retreat of Joy"
on Zoom

**"Living the Six
Principles in our
Daily Lives
with the
Supreme Ultimate"**



ESSENCE, Original Painting by S. Rebecca J. Shinas, OP

**T'ai Chi Chih together through the day with
Pause for Joy, Reflection and Conversation**



Jointly shared by
Sandy McAlister and
S. Becky Shinas, OP

September 26th, (Saturday), 2020
9:00am – 4:00pm

\$50.00 per person
Maximum: 48 participants
Students and Teachers Welcomed

Please
register
by
September
19th

(Please register by September 19th)

Host is S. Becky at rebecca@stsimon.org or call 510.299.8635 for reservations.

Checks payable to "Dominican Sisters" addressed to S. Rebecca Shinas, OP, 43326 Mission Circle,
Fremont, CA 94539 or PayPal or Venmo, url rebecca@msjdominicans.org