

T'ai Chi Chih Online Workshop

SATURDAY, September 25

9:00 am – 1:00 pm PDT

Online via Zoom

With TCC Teacher Trainer, Pam Towne

In this half-day Workshop you will:

Review movements of TCC

Feel more comfortable with the “Taffys”

Expand your awareness of how you move

Refine how you move for a greater flow of Chi

Deepen your understanding & appreciation of TCC

If you are preparing for Teacher Accreditation, this is an opportunity to work with Pam & receive feedback on how you are moving.

Join us for a relaxing and rejuvenating day of Joy thru Movement!

There will be a short break every hour

**Early Bird Special = \$25 w/ payment received by Sep. 18
or \$35 after that**

Space is limited ~ Call or email Pam now to RSVP 760-421-7589

And send PayPal payment to pamtowne@gmail.com

Or mail check to Pam Towne, 234 Hoover St, Oceanside, CA 92054