T'ai Chi Chih® Intensive

March 4,5,6,12 & 13, 2022
In Your Own Home
Via Zoom

Led by Teacher Trainer, April Leffler
Hosted by Kathleen McAllister

Designed for teachers, teacher candidates and serious students

The focus of the Intensive will be on **How to Move** well for the greatest flow of Chi.
Flowing from the Center, Yinning & Yanging correctly & Moving with Softness

The heart of the Intensive will be refining & deepening your T'ai Chi Chih practice.

Teachers will also learn to develop a discerning eye for seeing what corrections students need, as well as knowing when they are ready for Teacher Accreditation…and when they are **not**. This is a wonderful opportunity to connect with April and receive feedback.

Teacher Candidates will receive excellent preparation for the Teacher Training course, and leave knowing what you still need to work on before attending accreditation.

Serious Students (who have practiced regularly for at least a year) will immerse yourself in T'ai Chi Chih, gaining a greater Chi flow, as well as a deeper understanding and appreciation of this beneficial practice.

Limited to 18 participants.

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Intensive begins Friday, **March 4** at 10:00 am **Eastern Standard Time. Plan to arrive between 9:30 & 9:45 am to check in via Zoom.** Friday, March 4 thru Sunday, March 6th AND Saturday, March 12 hours are 10:00 am to 4:30 pm **(EASTERN STANDARD TIME)** with a lunch break. The final day is **Sunday, March 13 from 11:00-5:30pm**. Note schedule change due to the start of Daylight Savings Time.

Since folks often live in all time zones at these events, it is highly recommended that you set a small clock near your computer to Eastern Standard Time to keep everyone on the same page.

Tuition for this four day course is still only **$250**.

Scholarships: Scholarships may be available for up to $125 per person for Intensives and are based on financial need. The course host approves the scholarship request based on availability of funds. Please inquire about scholarship availability with the course host who will send you an application form.

This will be an **online course using Zoom.** You do not even need a Zoom account. You will receive an emailed link to click to join the sessions. You can use a computer or tablet with a camera and microphone. **The bigger the screen, the easier it will be for you to see. Having a connection between your device and a large screen TV or monitor is ideal and highly recommended.** It is very important that the Teacher Trainer will be able to see you onscreen from head to toe.

Meals are up to you. It is recommended that you plan meals ahead and either have them prepared in advance or simple to put together quickly. You will have the option of eating with a small group in a Zoom Breakout Room to get to know people better, just as you would sit and eat with others in person.

REGISTRATION FORM

T'ai Chi Chih® Intensive
With April Leffler

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In Your Own Home

Via Zoom

NAME_____

NAME YOU LIKE TO BE CALLED_____

YOUR TEACHER'S NAME (for students) _____

ADDRESS_____

CITY _____ STATE _____ ZIP _____

HOME PHONE _____CELL PHONE _____

EMAIL (please print very clearly)_____

Circle one: Teacher Teacher Candidate Serious Student

Tuition for the Intensive is $250 per person: Payment in full is due by February 11, 2022. Partial scholarship of up to $125 is available for those who would not be able to attend without financial assistance. Contact Kathleen McAllister for Scholarship Application form.

Amount Submitted: _____ Check #_____ Scholarship_____

I will be using a: PC_____ Mac_____ Tablet_____ iPad_____

My experience using Zoom is: None_____ Calls to Family & Friends_____

Meetings_____ Taking Classes_____ Teaching Classes_____

Please fill out this registration form (keep a copy for yourself) and send it with your check payable to host:

Kathleen McAllister

2855 Old Cedar Grove Road, Broomall, PA 19008

Questions? Call, text or email Kathleen 610-308-4846 ~ TccTeacher555@gmail.com