

Cultivating *Cosmic* Consciousness Retreat on Zoom

Facilitated by April Leffler
September 30rd-October 2nd, 2022

REGISTRATION FORM

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ EMAIL _____

Cost \$200

The retreat begins Friday from 10:00am-4:00pm **Eastern Time**, Saturday 10:00am-4:00pm **Eastern Time** and on Sunday from 10:00am-4:00pm **Eastern Time**. Meal breaks will be given in addition to regular breaks for getting off screen. Join us as we gather together to explore, discuss and contemplate several of Justin Stone's musings including: The Reciprocal Nature Between Mind & Chi; Prajna; The Play within the Play; Cosmic Rhythm & the Growth of Certainty. Let us come together merging our collective wisdom and experiences which we'll weave into various exercises to further expand our awareness. We'll sprinkle T'ai Chi Chih moves as part of the exercises as well as in group practices. The learning experience will include discussion, practice sessions, **play**, reflection and breakout room exercises with the Intention to enhance and shift into our *Cosmic* Consciousness.

Payment is due by September 25th, 2022.

Please fill out this registration form and send it with your check made out to: April Leffler; 702 Prospect Ave.; Prospect Park, PA 19076. Payments may also be done through Venmo, PayPal or Zelle.

All questions and concerns, please contact April at 610-809-7523 or lirpaleff@rcn.com

Please bring your tan t'ien, Prajna and an empty cup. ☺ Leave the mind at the door. ☺