

## **T'ai Chi Chih® Intensive June 7th through June 11th 2023**

In Your Own Home Via Zoom

Led by Teacher Trainer, Daniel Pienciak

Hosted by Carolyn Pogwist

Serious students (who have practiced regularly for at least a year) will immerse themselves in T'ai Chi Chih, gaining a greater flow of Chi, as well as a deeper understanding and appreciation of this beneficial practice.

Limited to 14 participants, so reserve your space now!

Specific Times (Eastern Daylight Time) for the June Intensive are as follows:

(It is a good idea to open zoom room AT LEAST 20 minutes in advance for these major events)

Wed (6/7), Fri (6/9), and Sat (6/10) are ALL "all day":

10:30 a.m. to 1:15 p.m. (with 15 min. break mid-session)

Break

2:45 p.m. to 5:30 p.m. (with 15 min. break mid-session)

Sun (6/11)

11:00 to 1:30 p.m. (with 15 min. break mid-session)

Tuition for this four-day course is \$300 (if paying by check) or \$311 (if using PayPal). Partial scholarships are available for those who would not be able to attend without financial assistance. Contact Carolyn for a simple Scholarship Application form.

Online course using Zoom. You will receive an emailed link to click to join the sessions. You can use a computer or tablet with a camera and microphone. The bigger the screen, the easier it will be for you to see. Having a connection between your device and a large-screen TV or monitor is ideal and highly recommended. It is very important for the trainer to be able to see you onscreen from head to toe.

Meals are up to you. It is recommended that you plan meals ahead and either have them prepared in advance or simple to put together quickly. You will have the option of eating with a small group in a Zoom Breakout Room during the meal break. This will facilitate getting to know people better, just as you would during meals if we were in person.

REGISTRATION FORM - copy and mail to Carolyn Pogwist 63 Fichter St. Bloomingdale, NJ 07403

NAME \_\_\_\_\_

NAME YOU LIKE TO BE CALLED \_\_\_\_\_

YOUR TEACHER'S NAME (for students) \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

HOME PHONE \_\_\_\_\_ CELL PHONE \_\_\_\_\_

EMAIL (please print very clearly) \_\_\_\_\_

Circle one:    Teacher    Teacher Candidate    Serious Student

Tuition for the Intensive is \$300 (if paying by check) or \$311 (if using PayPal).

Payment in full is due by \_\_May 29th\_\_\_\_\_

\$50 is not refundable if canceled within two weeks before the Intensive.

Partial scholarships are available for those who would not be able to attend without financial assistance. Contact Carolyn for a simple Scholarship Application form.

Amount Submitted: \_\_\_\_\_ Method of payment (circle one: Check    PayPal)

If paying by check please indicate # \_\_\_\_\_

I will be using a: PC \_\_\_\_\_ Mac \_\_\_\_\_ Tablet \_\_\_\_\_ iPad \_\_\_\_\_

My experience using Zoom is: None \_\_\_\_\_ Calls to Family & Friends \_\_\_\_\_ Meetings \_\_\_\_\_ Taking Classes \_\_\_\_\_ Teaching Classes \_\_\_\_\_

Please fill out this registration form completely, keeping a copy for yourself, and mail it along with your check payable to:

Carolyn Pogwist, 63 Fichter St. Bloomingdale, NJ 07403

Phone # 973-626-2628

If paying via PayPal feel free to email this registration form as an attachment.

Utilizing PayPal or have additional questions? Call or text Carolyn at 973-626=2628 or email her at [karmavet@msn.com](mailto:karmavet@msn.com)