

T'ai Chi Chih® Intensive

June 17-21, 2024

Prince of Peace Abbey Retreat Center
Oceanside, California

Led by Teacher Trainer, Pam Towne
Hosted by Marie Dotts

Designed for teachers, teacher candidates, and serious students

The focus of the Intensive will be on **How to Move** well for the greatest flow of Chi.
Flowing from the Center, Yinning & Yanging correctly, and Moving with Softness

The heart of the Intensive will be refining & deepening your T'ai Chi Chih practice.

Teachers will also learn to develop a discerning eye for seeing what corrections students need, as well as knowing when they are ready for Teacher Accreditation...and when they are **not**. You will have a wonderful opportunity to connect with Pam and other teachers, as well as earn **30 hours of CEUs**.

Teacher Candidates will receive a required part of your preparation for the Teacher Accreditation course, and leave knowing what you still need to work on beforehand.

Serious Students (who have practiced regularly for at least a year) will immerse yourself in T'ai Chi Chih, gaining a greater flow of Chi, as well as a deeper understanding and appreciation of this beneficial practice.

Limited to 20 participants, so reserve your space now!

The **Intensive begins** on Monday, with check-in 3:00 to 4:00pm, and ends with lunch on Friday. On Monday we will begin with a TCC practice at 5pm, dinner at 6pm and an introductory group activity at 7pm. Tuesday thru Thursday hours are 9am to 5:30pm with a lunch break and evening group activities. Friday will be 9am to 12pm followed by lunch.

Pricing includes 4 nights lodging (single or double occupancy, Monday thru Thursday nights) and 12 meals (Monday dinner thru Friday lunch).

Pre or Post event Lodging may be available at the Retreat Center. You can also check online for local hotels or www.Airbnb.com for accommodations.

Uber and Lyft are available from Oceanside Amtrak station or San Diego Airport to Retreat Center. Driving directions will be sent later.

Partial **Scholarships** are available for those who would not be able to attend without some financial assistance. To receive a Scholarship Application please contact the Course Host.

REGISTRATION FORM

T'ai Chi Chih® Intensive

June 17-21, 2024

Prince of Peace Abbey Retreat Center
Oceanside, California

NAME _____

YOUR TEACHER'S NAME (for students) _____

ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

PHONE _____ **EMAIL** _____

How long have you been practicing T'ai Chi Chih regularly: _____

Circle one: Teacher Teacher Candidate Serious Student

Circle one: I will be Driving Flying Taking Amtrak to Oceanside

Total cost includes Intensive tuition of **\$300** and room and board which is **\$500** per person for a Double room or **\$550** for a Single room. Every room is on the ground floor and has its own bathroom.

Circle one: \$850 Single room
 \$800 Double room

<p>If checking Double room: Roommate's name: _____</p> <p>_____ Match me with a roommate</p>

**Deposit of \$350 reserves your space
\$50 not refundable**

Final balance is due by April 15th

Please fill out this registration form (keep a copy for yourself) and send it with your check payable to Host. If you prefer Venmo to pay, please contact Marie.

Marie Dotts
652 23rd St. SW
Loveland, CO 80537

Amount Submitted: _____

Check # _____

For questions contact Marie Dotts at 970-412-9955 or mcdotts@hotmail.com