T'ai Chi Chih® Intensive

January 20 – 24, 2027
In Your Own Home
Via Zoom

Led by Teacher Trainer, Pam Towne
Hosted by Jessica Lewis

Designed for teachers, teacher candidates, and serious students

The focus of the Intensive will be on **How to Move Well** for the greatest flow of Chi: **Flowing from the Center, Yinning & Yanging correctly, and Moving with Softness and Continuity.**

The heart of the Intensive will be refining & deepening your T'ai Chi Chih practice.

Serious Students (who have practiced T'ai Chi Chih regularly for at least a year) **as well as every attendee** will immerse themselves in T'ai Chi Chih, gaining a greater flow of Chi, plus a deeper understanding and appreciation of this beneficial practice.

Teacher Candidates will also be completing a required part of your preparation for the Teacher Accreditation course, and leave knowing what you still need to work on beforehand. **This course is especially for you if you'd like to attend the April 6-12 Teacher Accreditation in Kansas.**

Teachers will also learn to develop a discerning eye for seeing what corrections students need, as well as knowing when they are ready for Teacher Accreditation … and when they are *not*. You will have a wonderful opportunity to connect with Pam and other teachers, as well as earn 30 hours of CEUs *(upon request.)* **This course is a must if you are preparing a teacher candidate!**

Limited to 14 participants, so reserve your space now!

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Intensive begins Wednesday, January 20 at 8 am Pacific time**. Plan to arrive by 7:45 am to check in via Zoom.** Wednesday, Thursday & Saturday hours are 8 am to 4:30 pm with several short breaks. Meal breaks on all three days will be from 12 to 1:30. Sunday hours are 8 am to 12 noon (all are Pacific time). Our "down day" on Friday will be perfectly timed to allow for review and integration of what's already been revealed during the first two days, as well as assigned homework.

Tuition for this four-day course is **$350 (if paying by check or Zelle**) or **$361.30 (if using PayPal).** Partial scholarships are available for those who would not be able to attend without financial assistance. Contact Jessica for a simple Scholarship Application form.

Connectivity during your online course: Jessica will email you a single link to join all sessions. You may use any device to log in (computer, laptop or tablet with a camera and microphone). However, you also need to utilize a large-screen TV or external monitor, and set up your space **so you can be seen from head to toe, plus you can clearly see and hear the trainer when you step back to practice TCC.** Jessica will share simple techniques to assist you.

Meals are up to you. It is recommended that you plan meals ahead and either have them prepared in advance or simple to put together quickly. You will have the option of eating with a small group in a Zoom Breakout Room during the meal break. This will facilitate getting to know people better, just as you would during meals if we were meeting in person.

REGISTRATION FORM

T'ai Chi Chih® Intensive

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In Your Own Home via Zoom

NAME_____

NAME YOU LIKE TO BE CALLED_____

YOUR TEACHER'S NAME (for students & candidates) _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME PHONE _____ CELL PHONE _____

EMAIL (please print very clearly) _____

Circle one: Serious Student Teacher Teacher Candidate _____

(Please indicate the dates of the Accreditation you plan to attend)

Tuition for the Intensive is $350 (if paying by check or Zelle) or **$361.30 (if using PayPal).**
Payment in full is due by December 20, 2026.
$50 not refundable if cancelled within three weeks before the Intensive.

Partial scholarships are available for those who would not be able to attend without financial assistance. Contact Jessica for a simple Scholarship Application form.

Amount Submitted: _____ Method of payment (circle one: Check Zelle PayPal)

If paying by check please indicate _____

I'll be using a _____ *(describe your device)* connected to a large TV___ or external monitor___ *(check one)*

My experience using Zoom is: None_____ Calls to Family & Friends_____ Meetings_____

Taking Classes_____ Teaching Classes_____

Please fill out this registration form completely, keeping a copy for yourself, and mail along with your check payable to:

Jessica Lewis
2506 Wilson Avenue
Claymont, DE 19703

If paying via PayPal feel free to email this registration form as an attachment.

Utilizing the PayPal option or have any additional questions? Call, text, or email Jessica: 302-593-5005 (cell) or jhtl0521@gmail.com