Keeping Interest in Continuing (beyond beginner's) T'ai Chi Chih Classes Daniel Pienciak

A.	Do I lead a "full practice" every class, and if not, what else works?
B.	Help students to "put on another pair of eyeglasses" each class to increase their awareness of different aspects of the Movements, and "How to move".
C.	Help students to understand what Justin Stone meant in the "Practice Program" section of "General Instruction" in the Phototext book, i.e. "The reader will probably want to make his or her own program". I.E.: help them understand: 1 – TCC is "user friendly" – how to apply TCC practically in your daily life 2 – Keep the practice "interesting" by varying your routine.
D.	Take your "teaching cue" from what you experience that day <i>in your own movement</i> during the class: use that "noticed" aspect to focus on something in particular.
E.	At end of class, ask for comment on "what was helpful today" or "who would like to share something that you learned or became aware of today?